



Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
main meal	Cheesy Salmon Sub Melt with Baked Wedges	Creamy Beef Lasagne	Roast Gammon & Roast Potatoes with Gravy	Chicken Tikka Masala with Wholegrain & White Rice	Fish Fingers & Chips
vegetarian main meal	Italian Cheese & Tomato Pizza with Baked Wedges	Plant Based Meatball Pasta Bake	Vegan Sausage Puff & Roast Potatoes with Gravy	Goan Potato & Spinach Curry with Wholegrain & White Rice	Vegan Vegetable Nuggets & Chips
vegetables	Carrots & Peas	Garden Peas	Seasonal Vegetables	Tomato, Cucumber & Carrot Salad	Baked Beans
jacket potatoes	Cheddar Cheese, Baked Beans or Tuna Mayonnaise				
pudding	Vanilla Yoghurt	Apple Strudel & Custard	Strawberry Jelly & Mandarins	Pear & Cocoa Sponge with Vanilla Sauce	Chocolate Cookie
pick & mix sandwiches & dessert	Ham Roll Cheese Roll Vanilla Yoghurt	Chicken Roll Egg Mayonnaise Roll Apple Strudel & Custard	Ham Roll Cheese Roll Strawberry Jelly & Mandarins	Tuna Mayonnaise Roll Cheese Roll Pear & Cocoa Sponge with Vanilla Sauce	Ham Roll Egg Mayonnaise Roll Chocolate Cookie

W/C - 06/11/23, 27/11/23, 18/12/23, 08/01/24, 29/01/24, 19/02/24, 11/03/24, 01/04/24, 22/04/24, 13/05/24, 03/06/24, 24/06/24, 15/07/24



Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
main meal	Traditional Pork Sausage & Mash	Texan Style Mince Beef with Wholegrain & White Carrot Rice	Roast Turkey & Roast Potatoes with Gravy	Pasta Carbonara with Bacon & Homemade Garlic Bread	Battered Fish & Chips
vegetarian main meal	Baked Gnocchi in Tomato & Basil Sauce	Plant Based Chilli with Wholegrain & White Carrot Rice	Red Pepper & Spinach Spanish Omelette	Crispy Topped Mac 'n' Cheese & Homemade Garlic Bread	Margherita Wrap & Chips
vegetables	Carrots	Sweetcorn	Seasonal Vegetables	Garden Peas	Baked Beans
jacket potatoes	Cheddar Cheese, Baked Beans or Tuna Mayonnaise				
pudding	Vegan Lemon Shortbread	Pear Crumble & Custard	Vanilla Yoghurt	Eves Pudding & Vanilla Sauce	Oaty Fruit Crunch
pick & mix sandwiches & dessert	Ham Roll Cheese Roll Vegan Lemon Shortbread	Chicken Roll Egg Mayonnaise Roll Pear Crumble & Custard	Ham Roll Cheese Roll Vanilla Yoghurt	Tuna Mayonnaise Roll Cheese Roll Eves Pudding & Vanilla Sauce	Ham Roll Egg Mayonnaise Roll Oaty Fruit Crunch

W/C – 23/10/23, 13/11/23, 04/12/23, 15/01/24, 05/02/24, 26/02/24, 18/03/24, 08/04/24, 29/04/24, 20/05/24, 10/06/24, 01/07/24, 22/07/24



Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
main meal	Mixed Vegetable & Bean Hot Wrap with Baked Wedges	Beef Bolognese with Wholegrain & White Pasta	Roast Chicken & Roast Potatoes with Gravy	Mild & Creamy Makhani Chicken Curry with Pilau Rice	Fish Fingers & Chips
vegetarian main meal	Italian Cheese & Tomato Pizza with Baked Wedges	Vegan Roasted Vegetable Bolognese with Wholegrain & White Pasta	Vegan Wellington & Roast Potatoes with Gravy	Sri Lankan Split Pea & Cauliflower Curry with Pilau Rice	Onion Bhaji Burger & Chips
vegetables	Sweetcorn	Garden Peas	Seasonal Vegetables	Tomato, Cucumber & Carrot Salad	Baked Beans
jacket potatoes	Cheddar Cheese, Baked Beans or Tuna Mayonnaise				
pudding	Vanilla Yoghurt	Pineapple Upside Down Cake & Vanilla Sauce	Strawberry Jelly with Fruit Cocktail	Homemade Apple Crumble & Custard	Chocolate Cracknell
pick & mix sandwiches & dessert	Egg Mayonnaise Roll Cheese Roll Vanilla Yoghurt	Chicken Roll Egg Mayonnaise Roll Pineapple Upside Down Cake & Vanilla Sauce	Ham Roll Cheese Roll Strawberry Jelly with Fruit Cocktail	Tuna Mayonnaise Roll Cheese Roll Homemade Apple Crumble & Custard	Ham Roll Egg Mayonnaise Roll Chocolate Cracknell

W/C – 30/10/23, 20/11/23, 11/12/23, 01/01/24, 22/01/24, 12/02/24, 04/03/24, 25/03/24, 15/04/24, 06/05/24, 27/05/24, 17/06/24, 08/07/24