

# Year 6 Summer 1 Extended Learning Opportunities

## MATHS

CPG 10 MINUTE TESTS - MATHS

THIRD SPACE FREE RESOURCES (FREE SIGN UP REQUIRED)

## SPAG



CPG 10 MINUTE TESTS - SPAG

SPAG REVISION BY TOPIC

## READING

READING COMPREHENSION E-BOOK

READING COMPREHENSION PRACTICE TESTS

### DO IT SOON

PAY IT FORWARD	NO PHONE DAY	WATCH THE SUNRISE	GO TO BED EARLIER	START A DREAM JOURNAL
READ A NONFICTION BOOK	TAKE A WALK SOMEWHERE NEW	TIDY YOUR WORKSPACE	GO OUTSIDE	DO NOTHING
CREATE YOUR IDEAL FUTURE	VISIT A MUSEUM	WATCH THE SUNSET	READ A NEWSPAPER	MAKE TIME FOR EXERCISE
START A NEW HOBBY	GO TO BED EARLIER	MAKE A MOODBOARD	STRETCH	PRACTICE YOGA
PLAN	LISTEN TO SOME MUSIC	TRY A NEW CUISINE	WATCH FLIM	MAKE SOMETHING FOR SOMEONE
TEXT AN OLD FRIEND	DO SOMETHING FUN	JOURNAL	COOK A RECIPE	EAT FIVE DIFFERENT VEGETABLES

### FOR TOMORROW

### NOTES

- A LITTLE AND OFTEN IS FAR MORE EFFECTIVE THAN DOING LOADS IN ONE GO.
- BE KIND TO YOURSELF - YOU CAN'T DO IT ALL SO DON'T TRY TO
- MAKE TIME FOR SOME MINDFUL ACTIVITIES - USE THE LIST ON THE LEFT
- GET LOTS OF SLEEP ANDEAT LOADS OF FRUIT, VEGETABLES AND TOAST!
- YOU'VE GOT THIS